

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.2	0.2	➔	R onto Bell Laboratories Road
1.1	1.3	↩	Keep L
0.1	1.4	↗	Keep R onto Bell Laboratories Road
0.5	1.9	↑	Continue onto American Way
0.4	2.3	➔	R onto Crawfords Corner Everett Rd
0.5	2.8	←	L onto Sunnyside Road
0.9	3.7	←	L onto Davenport Drive
0.2	3.9	➔	R onto Waterford Way
1.7	5.5	←	L onto West Front Street
0.2	5.7	➔	R onto Eckert Dr
0.4	6.1	➔	R Foulks Ter
0.0	6.1	←	L Malcolm Way

6.1 miles. +180/-246 feet

Prev	Dist	Type	Note
0.3	6.4	➔	R onto Middletown-Lincroft Rd
0.4	6.9	➔	R onto Storm Road (Against Traffic)
0.4	7.3	➔	R to stay on Middletown-Lincroft Rd
0.0	7.3	➔	R onto Newman Springs Rd
0.5	7.8	↑	At the traffic circle, take the 3rd exit onto Campus Dr
0.8	8.6	➔	R onto Phalanx Road, CR 54
1.7	10.3	↙	Sharp L onto Laird Road
1.1	11.4	➔	R onto Monmouth Country Road, CR 537
0.8	12.2	➔	R onto Muhlenbrink Rd
1.7	14.0	←	L onto Laird Rd
0.7	14.7	↑	Continue onto Conover Rd

8.6 miles. +400/-344 feet

Prev	Dist	Type	Note
0.1	14.8	←	L onto Woods End Rd
0.1	15.0	➔	R onto Revolutionary Rd
0.4	15.4	←	L onto Heyers Mill Rd
1.7	17.1	➔	Slight R onto New St
0.2	17.3	←	L into Colts Neck Gen. store
0.0	17.3	➔	Leave rest stop onto New St
0.2	17.5	←	Slight L onto Heyers Mill Rd
0.3	17.8	←	L onto Cedar Dr
0.9	18.8	←	L onto Bucks Mill Road
1.0	19.7	➔	R onto Monmouth Country Road, CR 537
0.4	20.1	➔	R onto Montrose Road
1.7	21.9	←	L onto Cedar Drive
0.1	21.9	←	L onto Dutch Lane Rd
0.4	22.4	➔	R onto School Rd

7.6 miles. +284/-245 feet

Prev	Dist	Type	Note
0.9	23.2	➔	R onto Braxton Pl
0.0	23.3	➔	R onto Whipple Way
0.3	23.6	➔	R onto Rutledge Rd
0.6	24.1	➔	R onto Timber Ln
0.4	24.6	➔	R onto Vanderburg Rd
0.2	24.7	↑	Continue onto Crine Rd
0.5	25.2	←	L onto Hillsdale Road
1.1	26.4	➔	R onto Hartshorn Drive
0.2	26.6	➔	R onto Longview Dr
0.1	26.7	←	L onto Meadowview Dr
0.6	27.3	➔	R onto Mulberry Ln
0.2	27.5	➔	R onto Laurelwood Dr
0.5	28.0	←	L onto Conover Rd
0.5	28.5	←	L onto NJ-34 N
0.3	28.8	➔	R onto Willow Brook Rd
1.6	30.4	←	L onto Longbridge Rd

8.0 miles. +327/-372 feet

Prev	Dist	Type	Note
0.5	30.9	➔	R onto Main St/Newman Springs Rd
0.0	30.9	➡	L onto Chardonnay Dr
0.1	31.0	➡	L onto Barbera Dr
0.4	31.4	➡	L onto McCampbell Rd
0.1	31.5	➔	R onto Blue Hills Dr
0.9	32.4	➡	L onto McCampbell Rd
0.6	33.1	➡	L onto Everett Rd
0.9	34.0	➡	L onto American Way
0.4	34.4	⬆	Continue onto Bell Laboratories Rd
0.5	34.8	➔	R Turn onto Outer Bell Works Loop
0.1	35.0	↻	U-Turn onto Inner Loop
0.1	35.0	➔	R into Red Parking Lot
0.1	35.2	📍	End of route

4.8 miles. +157/-136 feet