

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.2	0.2	➔	R onto Inner Belt Road
0.1	0.2	↶	U-Turn onto Outer Loop
0.1	0.3	↗	Keep R onto Bell Laboratories Road
0.5	0.8	↑	Continue onto American Way
0.4	1.2	➔	R onto Crawfords Corner Rd/Everett Rd
0.5	1.7	←	L onto Sunnyside Rd
0.3	2.1	➔	R onto Windermere Rd
1.2	3.3	←	L onto W Front St
0.2	3.4	↗	Keep R onto Eckert Drive
0.4	3.8	➔	R onto Foulks Terrace
0.0	3.9	←	L onto Malcolm Way
0.3	4.1	➔	R onto Middletown Lincroft Road, CR 50
0.4	4.6	➔	R onto Storm Rd

4.6 miles. +143/-189 feet

Prev	Dist	Type	Note
0.4	5.0	➔	R to stay on Middletown-Lincroft Rd
0.0	5.0	➔	R onto Newman Springs Rd
0.5	5.5	↑	At roundabout, take exit 3 onto Campus Drive
0.8	6.3	➔	R onto Phalanx Road, CR 54
1.7	7.9	↙	Sharp L onto Laird Road
1.1	9.1	←	L onto Monmouth Country Road, CR 537
0.7	9.7	➔	R onto Hockhockson Road
1.4	11.1	←	L onto Water Street
0.7	11.8	➔	R onto Rutgers Dr
0.9	12.7	➔	R onto Columbia Dr
0.4	13.1	←	L onto Rutgers Dr
0.3	13.4	←	L onto Harvard Dr

8.8 miles. +278/-286 feet

Prev	Dist	Type	Note
0.3	13.7	←	L onto Hockhockson Road
0.6	14.3	←	L onto Pine Brook Road
0.6	14.8	←	L onto Pearl Harbor Ave/Pearl Hbr Dr
0.5	15.4	➔	R onto Corregidor Rd
0.4	15.8	➔	R onto Heliport Dr
0.2	16.0	➔	R Turn onto Laboratory Rd
0.2	16.2	←	L onto Watson Rd
0.2	16.4	←	L onto Pearl Harbor Ave/Pearl Hbr Dr
0.3	16.7	←	L onto Pinebrook Rd
0.5	17.2	➔	R Turn into 7-Eleven
0.0	17.2	⚓	Rest Stop
0.0	17.3	←	L Turn onto Pinebrook Rd.
1.0	18.3	↑	Continue onto Squankum Rd

4.9 miles. +122/-106 feet

Prev	Dist	Type	Note
1.0	19.3	➔	R onto Obre Rd
0.8	20.1	←	L onto Hockhockson Rd
1.1	21.2	←	L onto County Rd 537
0.7	21.9	➔	R onto Laird Rd
1.9	23.8	➔	R onto Longbridge Rd
1.8	25.6	➔	R onto Main St/Newman Springs Rd
0.0	25.6	←	L onto Chardonnay Dr
0.1	25.7	←	L onto Barbera Dr
0.4	26.1	➔	R onto McCampbell Rd
1.1	27.2	←	L onto Everett Rd
0.9	28.1	←	L onto American Way
0.4	28.5	↑	Continue onto Bell Laboratories Rd
0.5	29.0	➔	R onto Outer Loop
0.1	29.1	↶	U-Turn onto inner Loop
0.3	29.3	📍	End of route

11.1 miles. +396/-354 feet