

Prev	Dist	Type	Note
0.0	0.0		Start of route
0.1	0.1		R
0.1	0.2		R onto Longstreet Road
0.1	0.2		R onto Roberts Road
0.5	0.8		Keep R
0.0	0.8		R onto Holmdel Road, CR 4
0.2	1.0		L onto Schanck Road
0.2	1.2		R onto Grand View Drive
0.1	1.3		L onto Carolyn Court
0.1	1.4		R onto Cambridge Road
0.4	1.8		R onto Ashley Drive
0.0	1.8		L onto Cindy Court
0.2	1.9		R onto Cindy Lane
0.4	2.4		L onto Line Road
0.4	2.8		R onto Goldsmith Drive

2.8 miles. +270/-128 feet

Prev	Dist	Type	Note
0.4	3.2		L onto Maybern Drive
0.0	3.2		L onto Van Brackle Road
0.9	4.1		R onto Line Road
2.0	6.1		R onto Lloyd Road, CR 3
0.4	6.5		Sharp L onto Gerard Avenue
0.3	6.8		L onto Lower Main Street, CR 516
0.5	7.3		R onto High Street
1.5	8.9		L onto Cliffwood Road, CR 689
0.3	9.1		R onto School House Lane
0.1	9.3		L onto School House Lane
0.1	9.3		R onto Gordon Road
0.9	10.3		R turn at Fork in Park
0.1	10.4		R onto Louis Mattei Road

7.6 miles. +219/-395 feet

Prev	Dist	Type	Note
0.9	11.3		Uturn
0.9	12.2		Sharp R onto State Park Road
0.2	12.4		Keep L onto State Park Road
0.2	12.5		R
0.0	12.6		U-Turn
0.0	12.6		L onto Cheesequake Park Road
0.1	12.8		Keep R onto State Park Road
0.3	13.1		Continue onto State Park Road
0.2	13.3		Continue onto State Park Road
0.1	13.4		Slight R
0.3	13.7		U-Turn
0.2	13.9		Sharp R
0.0	13.9		L

3.5 miles. +136/-193 feet

Prev	Dist	Type	Note
0.1	14.0		R onto State Park Road
0.2	14.2		Uturn
0.5	14.7		Keep R onto State Park Road
1.1	15.8		Keep L onto Gordon Road
0.0	15.8		R onto Cliffwood Road, CR 689
0.0	15.8		Slight R onto Morristown Road, (689)
0.3	16.1		L onto Disbrow Road
0.7	16.8		L onto Amboy Road, (689)
0.5	17.4		R onto Morganville Road
2.4	19.7		R onto Henry Hudson Bike Trail
0.1	19.9		Continue onto Henry Hudson Bike Trail
2.3	22.2		Sharp R onto Pleasant Valley Road

8.3 miles. +400/-287 feet

Prev	Dist	Type	Note
2.4	24.6	➔	R onto Pleasant Valley Road
0.8	25.4	➡	L onto Schanck Road
1.2	26.5	➔	R onto Holmdel Road, CR 4
0.2	26.8	↙	Sharp L onto Roberts Road
0.5	27.3	➡	L onto Longstreet Road
0.1	27.4	➡	L
0.1	27.5	➡	L
0.1	27.5	📍	End of route

5.3 miles. +152/-233 feet