

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.1	0.1	➔	R onto Hunt Street
0.1	0.2	➔	L onto Bingham Avenue
0.8	1.0	➔	R onto Locust Point Road
0.5	1.5	➔	R onto Locust Avenue
0.4	1.9	↗	Keep R
0.0	1.9	↗	Slight R onto Monmouth Avenue, (8B)
1.0	2.9	↗	Keep R
1.7	4.6	↗	Keep R onto Hartshorne Drive
0.3	4.9	↑	Continue onto Ocean Ave
0.3	5.2	↑	Continue onto Hartshorne Dr
3.2	8.4	➔	R onto Atlantic Dr
0.1	8.4	➔	R onto Sandy Hook Multi-Use Path (MUP)
5.4	13.8	➔	L into Parking Lot

13.8 miles. +336/-326 feet

Prev	Dist	Type	Note
0.5	14.4	➔	L onto Ocean Ave
3.1	17.5	➔	R onto Atlantic Ave
0.0	17.5	↻	Make a U-turn
0.1	17.6	➔	R onto Ocean Ave
0.2	17.8	➔	Ocean Ave turns slightly R and becomes Avenel Blvd
0.1	17.9	➔	L onto Ocean Ave N
0.5	18.4	➔	L onto Seaview Ave
0.1	18.5	➔	R onto Multi-Use Path
0.6	19.1	↑	Exit the traffic circle onto Ocean Ave N
0.3	19.4	↑	Enter the traffic circle
0.0	19.4	↑	Exit the traffic circle onto Morris Ave
0.0	19.5	➔	R onto Ocean Ave N
0.1	19.6	!	Danger - One Way Against Traffic

5.8 miles. +12/-12 feet

Prev	Dist	Type	Note
0.8	20.4	➔	L to stay on Ocean Ave N
0.2	20.6	➔	L onto Ocean Ave
3.7	24.3	➔	L onto Edgemont Dr/Ocean Ave N
0.3	24.6	➔	L onto Kingsley St
0.2	24.7	➔	L onto 7th Ave
0.1	24.8	➔	Slight R onto Ocean Ave
0.6	25.4	➔	Ocean Ave turns slightly R and becomes Asbury Ave
0.1	25.5	➔	R onto Kingsley St
0.8	26.3	➔	R onto Deal Lake Dr/Lake Dr
0.2	26.5	➔	Sharp R onto Edgemont Dr/Ocean PI S
0.2	26.6	➔	L onto Elberon Ave
0.1	26.7	➔	R onto Ocean Ave N
0.1	26.8	➔	R onto Allen Ave

7.2 miles. +71/-78 feet

Prev	Dist	Type	Note
0.1	26.9	➔	L onto Ocean PI
0.1	27.0	➔	R onto Corlies Ave
0.1	27.0	➔	L onto Ocean PI
0.1	27.1	➔	L onto Cedar Ave
0.2	27.3	➔	R onto Ocean Ave
0.1	27.4	➔	R onto Neptune Ave
0.1	27.5	➔	L onto Monmouth Terrace
0.2	27.7	➔	Monmouth Terrace turns slightly L and becomes Monmouth Dr
0.1	27.8	➔	R onto Ocean Ave
3.1	30.9	➔	R onto Ocean Ave N
0.2	31.1	↗	Slight R to stay on Ocean Ave N
1.0	32.1	➔	R to stay on Ocean Ave N
0.9	33.0	➔	R onto Ocean Ave N

6.2 miles. +47/-46 feet

Prev	Dist	Type	Note
0.5	33.5	➔	R onto Avenel Blvd
0.1	33.6	➡	Avenel Blvd turns slightly L and becomes Ocean Ave
3.3	36.9	➡	Slight L
0.0	36.9	⬆	Continue onto Shrewsbury River Bridge
0.3	37.2	➔	R onto Ward Ave
0.2	37.4	➡	L onto Hartshorne Ln
0.4	37.8	➔	R onto Navesink Ave
0.3	38.1	➡	L onto Black Point Rd
0.3	38.4	➡	Slight L to stay on Black Point Rd
0.3	38.7	➔	R onto E River Rd
0.8	39.5	➔	R onto Lafayette St
0.0	39.5	📍	End of route

6.5 miles. +30/-40 feet