

Prev	Dist	Type	Note
0.0	0.0		Start of route
0.1	0.1		R - Park Exit Rd.
0.1	0.2		R onto Longstreet Road
0.1	0.3		L onto Roberts Road
0.4	0.7		R onto Wilson Boulevard
0.3	1.0		R onto Bell Laboratories Road
0.7	1.6		Keep R onto Bell Laboratories Road
0.5	2.1		Straight onto American Way
0.4	2.5		Keep R onto American Way
0.0	2.6		Slight R onto Everett Road, (52)
0.5	3.0		L onto Sunnyside Road
0.3	3.4		R onto Windermere Road
1.2	4.6		R onto West Front Street

4.6 miles. +140/-214 feet

Prev	Dist	Type	Note
0.5	5.0		R onto Everett Road, (52)
0.2	5.2		L onto McCampbell Road
1.1	6.3		L onto Barbera Drive
0.4	6.7		R onto Chardonnay Drive
0.1	6.8		R onto East Main Street, CR 520
0.0	6.8		Sharp L onto Longbridge Road
0.2	7.0		L onto Thompson Park Bike Path
1.8	8.8		Keep L
0.2	9.0		R
0.0	9.0		Continue onto Campus Drive
0.6	9.7		R onto Phalanx Road, CR 54
3.3	12.9		Straight onto Flock Rd
0.5	13.4		L onto Heyers Mill Road

8.9 miles. +282/-301 feet

Prev	Dist	Type	Note
0.2	13.6		Sharp R onto Cedar Drive
0.9	14.5		L onto Bucks Mill Road
0.9	15.5		Straight onto Mercer Rd
0.9	16.4		R onto Matthew Road
1.1	17.6		L onto Five Points Road
0.3	17.9		R onto Stone Hill Rd
0.6	18.5		Continue onto Burlington Rd
1.2	19.6		L onto Bike Path
0.6	20.2		R onto Whittier Ct
0.1	20.3		R onto Thoreau Dr
0.1	20.4		L onto Freneau Blvd
0.1	20.5		Continue onto Center St
1.3	21.8		L onto Hudson St
0.1	21.9		R onto Mechanic St
0.1	22.0		L onto South St

8.6 miles. +309/-217 feet

Prev	Dist	Type	Note
0.0	22.0		Rest Stop 7-Eleven
0.0	22.1		R onto Mechanic St
0.2	22.3		L onto Jackson St
0.4	22.7		R onto E Main St
0.1	22.8		L onto Henry Hudson Trail
0.4	23.1		R onto Dutch Lane Rd
4.7	27.8		At the traffic circle, take the 1st exit onto Heulitt Rd
0.2	28.0		L onto Prothero Rd
0.6	28.6		L onto Heyers Mill Rd
0.4	29.0		R onto Revolutionary Rd
0.4	29.4		L onto Woods End Rd
0.1	29.6		L onto Conover Rd
1.2	30.7		L onto NJ-34 N
0.3	31.0		Slight R onto Holmdel Rd/South St

9.0 miles. +259/-321 feet

Prev	Dist	Type	Note
2.4	33.4	➔	R onto Roberts Rd
0.5	34.0	➡	L onto Longstreet Rd
0.1	34.0	➡	L - into Holmdel Park
0.1	34.2	➡	L - to Parking lot
0.1	34.2	📍	End of route

3.2 miles. +31/-60 feet
