

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.1	0.1	↑	Straight out of Park onto Bergen Mills Rd
0.8	0.8	←	L onto Indian Path
0.8	1.6	↑	Cross Iron Ore onto Iron Ore Rd
0.6	2.2	↑	Cross Rt 33 onto Smithburg Rd/Woodville Rd
0.4	2.7	→	R onto Timmons Hill Dr
0.4	3.1	←	L onto Conover Rd
0.7	3.8	←	L onto Wagner Farm Ln
0.5	4.3	←	L onto Baird Rd
0.3	4.6	→	R onto Smithburg Rd
0.0	4.6	→	R onto Roberts Rd
0.7	5.3	←	L onto Forman Rd
0.9	6.2	→	R onto Sweetmans Ln

6.2 miles. +235/-173 feet

Prev	Dist	Type	Note
0.3	6.5	←	CAUTION - Turn L onto Back Bone Hill Rd
0.0	6.5	↙	Bear L onto Charleston Spring Rd
1.3	7.9	←	L onto Stagecoach Rd
0.5	8.3	→	R onto Ely Harmony Rd
0.3	8.7	↑	Cross Rte 537
1.5	10.2	↑	Cross Siloam/Rte 527
3.3	13.5	←	L onto Jackson Mills Rd
0.0	13.6	→	Immediate R onto Farmingdale Rd
3.4	17.0	↑	Cross Rte 9
0.4	17.4	→	R onto Windeler Rd
1.5	18.9	←	L into MR
0.1	19.0	→	Bear R to Visitor Ctr
0.1	19.1	↻	Leave park as you entered
0.3	19.4	←	L onto Windeler Rd

13.2 miles. +327/-380 feet

Prev	Dist	Type	Note
0.0	19.4	→	R to stay on Windeler Rd
0.0	19.5	←	L onto Aldrich Rd
0.3	19.7	←	L onto Old Tavern Rd
0.6	20.3	←	L onto Manassa Rd
0.8	21.1	←	L onto Southard Ave
0.3	21.5	→	R onto Casino Dr
1.4	22.9	→	R onto Ketchum Rd
0.5	23.4	←	L onto Adelphia Rd/ Adelphia-Farmingdale Rd
0.4	23.8	→	R onto Fairfield Rd
1.8	25.6	↑	Cross Rt 33 onto Brickyard Rd
0.4	26.0	←	L onto Buckalew Rd
0.9	26.9	←	L onto Brickyard Rd
0.4	27.2	←	Slight L onto Asbury Ave
1.4	28.7	→	Cross Sidewalk onto Weaverville Rd

9.2 miles. +344/-311 feet

Prev	Dist	Type	Note
0.3	28.9	→	R onto Thoreau Dr
0.2	29.2	←	L onto Freneau Blvd
0.1	29.3	↑	Continue onto Center St
1.4	30.7	↑	Cross Main St onto Spring St
0.2	30.9	→	Slight R onto Morris St
0.0	30.9	←	L onto Schanck St
0.1	31.0	→	R onto Monument St
1.2	32.2	→	R onto Waterworks Rd
0.6	32.8	←	Slight L to stay on Waterworks Rd
0.0	32.9	←	L onto E Freehold Rd
0.6	33.5	↑	Cross Rd onto Craig Rd
1.7	35.2	←	L onto Tennent Rd
0.1	35.3	→	R onto Church Ln
0.7	36.0	→	R onto Englishtown-Freehold Rd/Freehold Rd

7.4 miles. +197/-241 feet

Prev	Dist	Type	Note
1.2	37.2	←	L onto Main St
0.1	37.3	↗	Bear R to Main/High Bridge
1.2	38.5	→	R onto Dey Grove Rd
1.8	40.2	→	R into James Monroe Park
0.1	40.3	📍	End of route

4.3 miles. +93/-42 feet