

Prev	Dist	Type	Note
0.0	0.0		Start of route
0.1	0.1		R onto Campus Dr
0.6	0.6		R onto Phalanx Rd
3.3	3.9		Continue onto Flock Rd
0.5	4.4		L onto Heyers Mill Rd
0.2	4.6		R onto Cedar Dr
0.9	5.5		L onto Bucks Mill Rd
1.0	6.5		Cross Rte 537 onto Mercer Rd
0.9	7.4		R onto Matthews Rd
1.1	8.5		L onto Five Points Road
2.3	10.9		Continue onto Howell Rd
0.6	11.5		Slight L onto Vanderveer Rd
1.4	12.9		L onto Adelphia-Farmingdale Rd/Rte 524
1.1	13.9		R onto Ketchum Rd

13.9 miles. +406/-395 feet

Prev	Dist	Type	Note
0.5	14.4		L onto Casino Dr
1.4	15.8		L onto Southard Ave
1.1	16.9		R onto CR 524 Alt/Squankum Yellowbrook Rd
2.1	19.1		Continue straight onto CR 524
3.5	22.5		L onto Atlantic
0.5	23.1		Slight L onto Tilttons Corner Rd
1.2	24.3		R onto Baileys Corner Rd
0.2	24.5		L onto Sea Girt Ave
1.4	25.9		Continue onto Washington Blvd
0.5	26.4		L onto 2nd Ave
0.1	26.5		Slight R onto The Crescent
0.1	26.6		Continue onto 1st Ave
0.6	27.2		R onto Brown Ave

13.2 miles. +312/-373 feet

Prev	Dist	Type	Note
0.1	27.3		Brown Ave turns L and becomes Ocean Ave
4.9	32.2		Ocean Ave turns L and becomes Lake Terrace
0.6	32.8		R onto Main St
0.4	33.2		R onto Main Ave
0.0	33.3		L onto Bond St/Boulevard
0.1	33.4		R onto Lake Ave
0.5	33.9		Lake Ave turns slightly L and becomes Wesley Lake Dr
0.1	34.0		R onto Cookman Ave
0.0	34.0		R onto Asbury Ave
0.1	34.1		Continue onto Ocean Ave
0.6	34.7		Continue onto 7th Ave
0.1	34.8		R onto Kingsley St
0.1	34.9		R onto Deal Lake Dr/ Lake Dr

7.7 miles. +70/-59 feet

Prev	Dist	Type	Note
0.1	35.0		Continue onto Ocean Ave N
0.1	35.2		R to stay on Ocean Ave N
2.6	37.8		L onto Park Ave
1.5	39.3		R onto Monmouth Rd
0.1	39.4		L onto W Park Ave
3.3	42.7		R onto Wayside Rd
0.9	43.7		L onto Shafto Rd
0.2	43.9		R onto Wayside Rd
2.2	46.1		Continue onto Tinton Ave
0.1	46.2		Continue onto Tinton Ave
0.7	46.9		Bear R onto Swimming River Rd
1.6	48.5		L onto Pine St
0.3	48.8		R onto Laurel Ave
0.3	49.1		L onto Phalanx Rd

14.2 miles. +340/-287 feet

Prev	Dist	Type	Note
0.1	49.2	■	R onto Campus Dr
0.5	49.8	■	L onto Museum Dr
0.0	49.8	📍	End of route

0.7 miles. +31/-6 feet