

Prev	Dist	Type	Note
0.0	0.0	📍	Start of route
0.2	0.2	➔	R onto Campus Dr
0.5	0.8	←	L onto Phalanx Rd
0.1	0.9	➔	R onto Laurel Ave
0.3	1.1	←	L onto Pine St
0.3	1.4	➔	R onto Swimming River Rd
1.5	3.0	➔	Slight R toward County Rd 537 E/Wayside Rd
0.0	3.0	←	L onto County Rd 537 E/Wayside Rd
0.4	3.4	➔	R onto Water St
1.4	4.8	←	L onto Hockhockson Rd
1.0	5.8	←	L onto Pinebrook Rd
0.1	5.8	➔	Sharp R onto Hamilton Rd
0.7	6.6	↑	Continue onto Drift Rd
0.3	6.9	➔	R onto Wayside Rd

6.9 miles. +231/-147 feet

Prev	Dist	Type	Note
0.5	7.4	←	Slight L
0.3	7.7	➔	R onto Wayside Rd
1.1	8.8	➔	Slight R onto Green Grove Rd
1.7	10.5	↑	Continue onto Jumping Brook Rd
1.5	12.0	←	Keep L at the fork
0.4	12.4	↑	Continue onto Old Corlies Ave
0.2	12.6	➔	R onto Gully Rd
1.4	14.0	➔	Slight R onto Allenwood Rd
0.1	14.2	←	L onto Belmar Blvd/County Rd 18 W
3.7	17.9	←	L onto Ocean Ave
2.6	20.4	←	Ocean Ave turns L and becomes Lake Terrace
0.4	20.8	➔	R onto Pennsylvania Ave
0.0	20.8	➔	R onto Fletcher Lake Ave

14.0 miles. +222/-353 feet

Prev	Dist	Type	Note
0.1	21.0	↑	Continue onto Central Ave
0.2	21.2	➔	R onto Broadway
0.1	21.3	↑	Continue onto Boardwalk/Ocean Ave
0.2	21.5	←	L onto Main Ave
0.6	22.1	➔	R onto Bond St
0.1	22.2	➔	Slight R onto Lake Ave
0.3	22.5	➔	R onto Grand Ave
0.1	22.5	←	L onto Cookman Ave
0.0	22.5	➔	Sharp R onto Grand Ave
0.7	23.2	➔	R onto Sunset Ave
0.1	23.3	←	L onto Park Ave
0.4	23.7	➔	R onto Edgemont Dr
0.1	23.9	←	L onto Ocean Ave
2.3	26.2	➔	Slight R to stay on Ocean Ave

5.3 miles. +71/-58 feet

Prev	Dist	Type	Note
1.4	27.5	➔	Slight R to stay on Ocean Ave
0.1	27.6	➔	R to stay on Ocean Ave
1.2	28.8	➔	R to stay on Ocean Ave N
0.2	29.0	↑	At the traffic circle, take the 1st exit
0.0	29.0	←	L onto Boardwalk
0.2	29.2	←	L onto Madison Ave
0.0	29.2	➔	R onto Ocean Ave
0.5	29.7	➔	R onto Ocean Ave
0.5	30.2	←	L onto Avenel Blvd
0.6	30.8	➔	R onto Florence Ave
0.3	31.0	↑	Continue onto Monmouth Blvd
1.3	32.4	➔	R onto Myrtle Ave
0.3	32.7	↑	Continue onto Seven Bridges Road

6.5 miles. +28/-48 feet

Prev	Dist	Type	Note
0.9	33.5	←	L onto Little Silver Point Rd
0.7	34.3	←	L onto Willow Dr
0.2	34.4	→	Slight R onto Sycamore Ave
1.1	35.5	→	Keep R at the fork
2.7	38.2	→	R onto County Rd 537 W/Wayside Rd
0.4	38.6	→	Slight R onto Swimming River Rd
1.7	40.3	←	L onto Lindy Ln
0.4	40.6	→	R onto Laurel Ave
0.2	40.8	←	L onto Phalanx Rd
0.1	40.9	→	R onto Campus Dr
0.5	41.5	←	L onto Museum Dr
0.2	41.7	📍	End of route

9.0 miles. +220/-174 feet